

**Direct effect (with the mediator):** B = 2.63, SE B = 1.13, t = 2.36, p = .021 **Total effect (without the mediator):** B = 6.73, SE B = 1.32, t = 5.11, p < .001**Indirect effect:**  $B_{Bootstrap} = 4.10$ ,  $SE B_{Bootstrap} = 1.12$ , 95% CI [2.01, 6.36]

(Only unstandardized coefficients and effects are presented)